



# DRAGON HAPKIDO – MARTIAL ARTS

**Self-Defense Classes for all ages!**

## **SIGN UP TODAY!**

<b>Children 3-6 (Pre-Skills)</b>
Tuesday & Thursday: 5:45 p.m.

<b>Children 7-14 (Black Belt Program)</b>
Tuesday & Thursday: 7:00 p.m.
Friday: 5:45 p.m.
Saturday: 10:00 a.m.

<b>Adults</b>
Friday: 7:00 p.m.
Saturday: 11:00 a.m.

**\*\*Classes are held in the Bump City building and are open to all ages.**

**\*\*Learn self-defense and so much more.**

**\*\*This is NOT your “run of the mill” Martial Arts.**

**\*\* These class will teach you “real world” techniques that will be useful if you ever have to defend yourself.**

**\*\*Learn to protect yourself and your family, get in shape, and have a ton of fun doing it!**

***Call: Mark @ 816-366-3902 for more information or***

***Email: mark@dragonhapkido.com***